

ALTERNATIVE

PRENATAL PATHWAY

A combination of virtual care and in person appointments will allow us to continue to provide high quality care throughout your pregnancy and decrease risk of virus transmission and exposure

NOB 10-12 WEEKS

In person: May include ultrasound if indicated and initial prenatal labs



16 WEEKS

Virtual: Review labs and any follow-up genetic testing. Get referrals/orders for anatomy ultrasound

20 WEEKS

Anatomy ultrasound with radiology or MFM

22 WEEKS

Virtual: Review ultrasound. Discuss fetal movement and triage use. Education for gestational diabetes screen and orders

26-28 WEEKS

In person: One-on-one appointment with labs

30 WEEKS

Add on virtual appointment if diagnosed with gestational diabetes. Review blood sugar log.

34 WEEKS

Optional add on virtual appointment to discuss birth plan and L&D guidelines

32, 36, 38, 40 WEEKS

In person one-on-one appointments

CENTERING PREGNANCY

Virtual group prenatal education offered in addition to individual in person and virtual appointments.

